

Back to School

Yes, it's that time of year again, school kids are heading back to school, your older kids are either already back at college or soon on their way, and you might even be considering a class or two to brush up on some skills to stay competitive in the marketplace, or to position yourself for a new work experience.

The first thing to do is to go through every single closet and get rid of anything that hasn't been worn in six months. (OK, I heard that scream! Seriously...if it hasn't been worn in a year, GET RID OF IT!)

Next, look for garments that are either stained or in need of repair and fix them. Now, remove all clothing that is strictly for summer wear, store this somewhere else.

Next, go through the closets with a mind to the upcoming seasonal changes. You and your kids will need sweaters, outer coats, hats, scarves, and gloves inspected. Are they clean? Do they need to be repaired? Are any buttons or fasteners missing? Again, take this bundle to your dry cleaner and have everything clean and repaired before the weather changes. You'll beat all your neighbors to the punch!

Congratulations! Your fall closet overhaul is done!

Tips for Uniform care:

What costs more than sending your kids back to school? OK, car payment and mortgage aside, it's costing more and more to outfit our kiddos for their first day of class!

If your kids must wear uniforms, make sure you purchase several so that they can rotate their wear. Even shoes, when rotated last significantly longer than a single pair worn every day, and then replaced when their usable life is over.

Always check for stains or necessary repairs, attend to the at once!



September Events

Sept. 4 – Newspaper Carrier Day

Sept. 5 - Labor Day

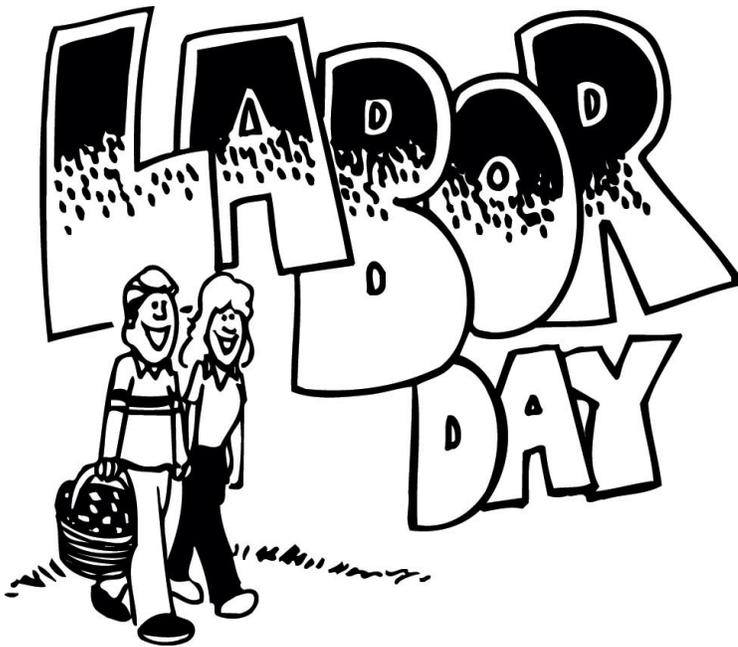
Sept. 11 – Grandparents Day

Sept. 17 – Citizenship Day

Sept. 28 – 30 – Rosh Hashana



\$10 Meatballs For Referring Your Neighbor!!
Recommend your neighbor; she'll get \$10 in
FREE dry cleaning and so will you!



Labor Day

Labor Day, the first Monday in September, is September 5 in 2011. It is a legal holiday in the United States because the Central Labor Union wanted to create a day off for the working man. The first Labor Day holiday was celebrated on September 5, 1882 in New York City and the Central Labor Union held its second Labor Day holiday a year later on September 5. In 1884, the Union urged other cities to celebrate a "working man's holiday" on that day and it became a federal holiday. Labor organizations grew and in 1885 many industrial centers of the country celebrated the day. Congress passed a law in 1894, recognizing Labor Day as an official national holiday. The day is celebrated now as an end-to-summer day as well as a day to recognize unions.

An Apple A Day...

There is nothing like a freshly picked apple on a late summer day. Here's something to try to keep focused on healthy eating. Go to an orchard, pick an apple, then sit under the tree. First look at the apple and marvel at its superb beauty. Now close your eyes and feel the apple, the weight, the stem, the leaf, the skin. Bring it to your nose and inhale deeply. With your eyes still closed, take a bite of the apple. Notice all the sensations, the squirt of juice, the crunch of the flesh, the incredible sweetness. Try, if you can, to eat the entire apple with your eyes closed. You'll never look at an apple in the same way again.



"If you have an apple and I have an apple and we exchange these apples then you and I will still each have one apple. But if you have an idea and I have an idea and we exchange these ideas, then each of us will have two ideas."

~George Bernard Shaw

Summer Is Here! Anything Winter Is 10% Off

Convince us you wear a garment in the winter and you can have 10% off. Tell us a good story about it and you'll get 10% off with no questions. So I guess what I'm saying, if you're creative, you'll get 10% off. We'd love to hear from you.

This month's quotes:

"It's the constant and determined effort that breaks down all resistance, sweeps away all obstacles." - Claude M. Bristol
"Success seems to be connected with action. Successful people keep moving. They make mistakes but they never quit." - Conrad Hilton

"Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, ambition inspired, and success achieved." - Helen Keller

"Until you value yourself, you will not value your time. Until you value your time, you will not do anything with it." - M. Scott Peck

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